

83% Experienced Improved Orgasm and Discomfort Reduction

New clinical pilot study reveals the impact of Nitric Oxide on female sexual health

Berkeley Life conducted a 60-day pilot study to assess the impact of dietary nitrate supplementation on female sexual function. This study is the first of its kind to report that **dietary nitrate can positively affect multiple domains of female sexual function**, including desire, lubrication, orgasm, and discomfort.

Key findings:

Statistical Improvements in Sexual Function:

- **Desire**: 75% reported improved desire.
- **Lubrication**: 58% experienced increased lubrication.
- **Orgasm**: 83% reported enhanced orgasm.
- **Discomfort**: 83% experienced reduced discomfort.

Study profile:

- **Participants**: 18 women enrolled, with a mean age of 60, with 14 completing the full protocol.
- Health Background: Mean baseline FSFI score of 10.7 ± 5.8, indicating sexual dysfunction.
- **Duration**: 60 days of consistent nitrate supplementation, 2 capsules of Berkeley Life Nitric Oxide Foundation per day.

Participant feedback:

- 57% reported a subjective improvement in sexual function.
- Majority were on concurrent hormone replacement therapy (HRT) but saw benefits independent of HRT changes.

Why This Matters for You and Your Patients:

Berkeley Life's Nitric Oxide Foundation product shows promise for women with sexual dysfunction, addressing gaps in non-hormonal support options. Increased Nitric Oxide levels may be beneficial for patients seeking alternatives or adjuncts to hormone therapy, with a natural product backed by preliminary clinical evidence.

For more information or to provide clinical resources for your practice, please reach out to our team: info@berkeleylife.com.

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