

If you know, you **NO**

Determine and Improve your Nitric Oxide Levels

STEP ONE TEST



Berkeley Life's 15-second saliva test strip will give you a clear reading of your Nitric Oxide levels. Talk with your doctor about what a low-level reading may mean about your health.

STEP TWO SUPPLEMENT



Berkeley Life Supplements help support adequate Nitric Oxide levels. Our proprietary formulation provides dietary nitrates and key vitamins to help support the body's natural Nitric Oxide production and overall circulatory health.*

2 capsules, once a day of Berkeley Life Supplements provide adequate dietary nitrates for a day of Nitric Oxide support.



Nitric Oxide Support for Immune System Health

Test and supplementation system for supporting immunity*

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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How Nitric Oxide impacts the immune system.

Nitric Oxide (NO) is a natural vasodilator that relaxes the walls of arteries and blood vessels to help blood flow effectively throughout the body. By supporting healthy circulation, **Nitric Oxide also plays a vital role** in almost every biological process and system — including the **immune system**.

Nitric Oxide assists naturally occurring healing processes by optimizing the delivery of oxygen and nutrients to areas that need it most. Additionally, Nitric Oxide helps support and sustain naturally occurring stem cells, which the body uses to restore and repair itself.

Critically, Nitric Oxide also plays an important role in*:



Developing the innate immune response to many bacterial and viral threats



Regulating inflammation resulting from an infection, injury, or oxidative stress



Supporting balanced cortisol levels, appropriate oxygen delivery, and cellular waste removal

Nitric Oxide's effect on gut health.

A good portion of our immune system is in our gastrointestinal (GI) tract, making gut health one of our first lines of defense against illness.

Medical experts have discovered that supporting healthy Nitric Oxide levels is a way of maintaining GI health.*

Nitric Oxide: one of the immune system's most important allies.

Adequate Nitric Oxide levels support healthy immunity by stimulating naturally-occurring healing processes in the body — making Nitric Oxide a powerful ally to the immune system. However, as Nitric Oxide levels diminish with age — dropping upwards of 50% by age 40 — the immune system can weaken, putting the body at risk for illness.

The good news is there is something we can do to improve our Nitric Oxide levels as we age. **Increasing dietary nitrates — available in foods like beetroot and leafy greens, or in supplements like Berkeley Life — can help our bodies create Nitric Oxide.** This in turn can help reinforce our immunity to help prevent illness and promote healing.*

Boost Nitric Oxide Production with Dietary Nitrates

Supplementing your diet with a consistent, quality source of dietary nitrates is an easy and effective way to generate adequate Nitric Oxide levels, and thus help support immunity.*



Flip over to learn more about how Berkeley Life can help!