

# How does Nitric Oxide work with other sexual health medications?

If you're already taking a phosphodiesterase-5 (PDE5) inhibitor like Viagra or Cialis to support your sexual health, here's what you need to know.

PDE5 inhibitors work to protect natural systems in your body designed to leverage existing stores of Nitric Oxide for vasodilation and blood flow. However, PDE5 inhibitors do not create Nitric Oxide in the body. **If there is little Nitric Oxide present, circulation may still not be sufficient for sexual or erectile function.** For this reason, PDE5 inhibitors can be ineffective for up to 40% of the population.

Once Nitric Oxide levels are restored, the function of PDE5 Inhibitors will be optimized resulting in increased vasodilatory response and improved blood flow to the sexual organs.

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## Intimacy Support with Nitric Oxide

Test and supplementation system for supporting sexual health\*



# Blood flow and sexual health are connected.

Both men and women can experience sexual dysfunction. It's estimated that **43% of women and 31% of men** experience some form of sexual dysfunction throughout their lifetime.

The inability to acquire or maintain penile erection, low libido, difficulty becoming aroused and even painful intercourse are all symptoms of sexual dysfunction.

From the top of your head to the tips of your toes, your blood is circulating necessary oxygen and nutrients to each and every cell, organ, and system.

**Limited blood flow** to the genitals is responsible or partially responsible for symptoms of sexual dysfunction, which have far-reaching effects on satisfaction, relationships, and well-being.

If you know, you 

## Say Yes! to NO.

Nitric Oxide (NO) is a vasodilator made naturally in your body and plays a vital role in relaxing the cells in blood vessel walls. **This relaxation causes the blood vessels to widen, thus increasing circulation.\***

By supporting Nitric Oxide production, you're improving pathways for blood to flow to the sexual organs, facilitating adequate arousal and lubrication.



## Berkeley Life can help

The proprietary formula in Berkeley Life Supplements **provides depleted patients with dietary nitrates and key vitamins to help support the body's natural Nitric Oxide production.** 2 capsules once a day of Berkeley Life Supplements provide the dietary nitrate equivalent of 5 oz. of spinach or 7 oz. of beetroot.