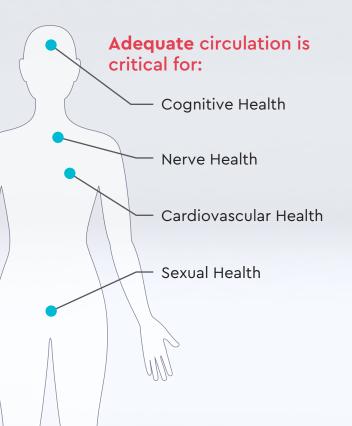
## Circulatory health is whole-body health.

From the top of your head to the tips of your toes, your blood is circulating necessary oxygen and nutrients to each and every cell, organ, and system.

Nitric Oxide is a vasodilator made naturally in your body. Without adequate Nitric Oxide, there is not adequate circulation.



#### FREQUENTLY ASKED QUESTIONS

### Why doesn't Berkeley Life use L-arginine or L-citrulline?

As we age, the enzyme in the body that converts L-arginine and L-citrulline to Nitric Oxide becomes ineffective. However, the body can compensate for the Nitric Oxide lost through this pathway when given adequate dietary nitrates, which can also be converted into Nitric Oxide.

#### What are the key active ingredients in Berkeley Life Supplements?

Vitamin C, Thiamin, Vitamin B12, Magnesium, Potassium, Potassium nitrate, Beet root extract, organic fermented beet powder.

#### Can I get nitrates in my diet?

Dietary nitrates are found in large amounts of leafy greens and beetroot. Research shows that the nutrient density of vegetables is not consistent across geographic regions.

### How long do Berkeley Life Supplements take to work?

Everyone metabolizes at different speeds, but you will see the first indicators of success on your Berkeley Life test strip approximately 90 minutes after taking the supplement. Over time,

your body will see the benefits of boosted Nitric Oxide levels. We do not recommend exceeding 2 capsules per day unless directed by your practitioner.

#### Are there any allergens in this product?

Berkeley Life Supplements are suitable for vegetarians and vegans. Made without most allergens (milk, eggs, shellfish, tree nuts, peanuts, wheat and soy). Gluten and gelatin free.

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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# Complete Nitric Oxide System

Test and supplement system for supporting circulatory health\*



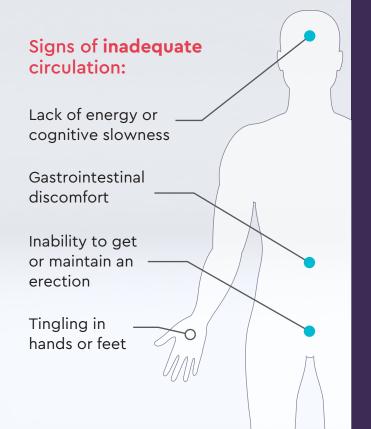
Available exclusively through healthcare practitioners



## Age and diet contribute to a loss in Nitric Oxide.

Nitric Oxide is made naturally in the body and plays a vital role in relaxing the cells in blood vessels walls. This relaxation causes the blood vessel to widen, thus increasing circulation.\*

Age and a lack of dietary nitrates in our food contribute to a loss in Nitric Oxide. Without adequate Nitric Oxide, circulation is impacted.



## If you know, you NO



Test and support your Nitric Oxide levels.

## ONE

#### STEP TEST



Berkelev Life's 15-second saliva test strip will give you a clear reading of your Nitric Oxide levels. Your doctor will talk to you about what a low-level reading may mean about your health.

#### STEP SUPPLEMENT



Berkeley Life Supplements help support adequate Nitric Oxide levels. Our proprietary formulation provides dietary nitrates and key vitamins to help support the body's natural Nitric Oxide production and overall circulatory health\*.

2 capsules, once a day of Berkeley Life Supplements provide adequate dietary nitrates for a day of Nitric Oxide support.

### How are Your Levels?

Test your Nitric Oxide before taking supplements - ideally in the morning and 10-15 minutes after your last beverage.



Place the "saliva side here" end of the strip on your tongue for 5 seconds.



Fold the strip and press the two pads together for 5 seconds. Unfold and compare your results to the scale below or on the strip tube.



Take two tablets once a day, with water and after food. 90 minutes following supplementation, test your Nitric Oxide again.













